MEDICAL ALERT CARD

Instructions for Printing and Cutting Your Medical Alert Card:

- Print the card on regular or heavy-weight paper for durability.
- Cut out the card carefully along the dotted lines.
- Fold the card in half so the printed sides face outward.
- Laminate the card for extra protection (optional but recommended).
- Keep the card in your wallet, purse, or with your identification at all times.

Respiratory Care Information Card
*Normal Partial Pressure of Carbon Dioxide (PCO2) and
End Tidal Carbon Dioxide (CO2): 35-45 mmHg
Normal Oxygen Saturation (SaO2): 95-100%*

Risk for individuals with Neuromuscular Disease: Respiratory Failure
DO NOT GIVE OXYGEN before checking end tidal or blood CO2 level. A low oxyhemoglobin saturation may indicate CO2 retention and a need for positive pressure ventilation. IF **supplemental Oxygen is given, continuously Monitor CO2. Non-invasive bi-level ventilation may be required.**
Mechanically assisted cough helps clear mucus when cough is weak and/or Ineffective.

Scan to open the AMDA's Emergency Medical Information for Pompe Disease (Caution Using Oxygen, Respiratory and Anesthesia Precautions, Avoid Sedating Medications, Cough Assist and Infection or Fever).
https://amda-pompe.org/

This should not be used as a substitute for medical care. Please seek care from a neuromuscular pulmonary specialist.