Early Treatment With Alglucosidase Alfa Prolongs Long-Term Survival of Infants With Pompe Disease

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ABSTRACT: In a previous 52-wk trial, treatment with alglucosidase alfa markedly improved cardiomyopathy, ventilatory function, and overall survival among 18 children <7 mo old with infantile-onset Pompe disease. Sixteen of the 18 patients enrolled in an extension study, where they continued to receive alglucosidase alfa at either 20 mg/kg biweekly (n = 8) or 40 mg/kg biweekly (n = 8), for up to a total of 3 y. These children continued to exhibit the benefits of alglucosidase alfa at the age of 36 mo. Cox regression analyses showed that over the entire study period, alglucosidase alfa treatment reduced the risk of death by 95%, reduced the risk of invasive ventilation or death by 91%, and reduced the risk of any type of ventilation or death by 87%, compared with an untreated historical control group. Cardiomyopathy continued to improve and 11 patients learned and sustained substantial motor skills. No significant differences in either safety or efficacy parameters were observed between the 20 and 40 mg/kg biweekly doses. Overall, long-term alglucosidase alfa treatment markedly extended survival as well as ventilation-free survival and improved cardiomyopathy. (Pediatr Res 66: 329–335, 2009)

Pompe disease is characterized by a deficiency of acid α-glucosidase (GAA). The GAA enzyme degrades lysosomal glycogen, and insufficient GAA activity causes glycogen to accumulate in various tissues. Accumulation of lysosomal glycogen in cardiac muscle and skeletal muscle causes progressive cardiomyopathy and generalized muscle weakness and hypotonia, resulting in severely delayed motor development and cardiorespiratory failure (1–3).

The presentation and course of Pompe disease can vary widely. Patients may exhibit signs and symptoms as early as prenatally or in the first few days of life or as late as the sixth decade. The most severe and rapidly progressive form is designated as infantile-onset Pompe disease, in which patients generally develop significant clinical manifestations within the first months of life. If left untreated, most children with infantile-onset Pompe disease succumb to cardiac and/or respiratory failure before the age of 1 y (1,4–6).

Enzyme replacement therapy with recombinant human α-glucosidase alfa (rhGAA, Myozyme) was approved for treating patients with Pompe disease in 2006. Previous studies demonstrated that enzyme replacement therapy changes the natural history of Pompe disease in infants and children (7–12). The largest of these studies evaluated the effects of alglucosidase alfa in 18 young infants with severe infantile-onset Pompe disease; these patients exhibited cardiomyopathy and profound deficiency of GAA activity at age <7 mo (12). Fifty-two weeks of treatment with alglucosidase alfa markedly improved survival, respiratory function, cardiomyopathy, and, among a subset of patients, motor function, compared with an untreated historical control group (12). This report describes the long-term effects of continued alglucosidase alfa treatment (up to 3 y) in the same cohort. These data represent a substantial addition to the literature, as long-term enzyme replacement outcome data were previously available for only four cases of infantile-onset Pompe disease (9).

METHODS

Study design and treatment. The design of the 52-wk open-label study has been described in detail elsewhere (12). Briefly, patients must have had

Abbreviations: AIMS, Alberta Infant Motor Scale; CRIM, cross-reacting immunologic material; GAA, acid α-glucosidase; IAR, infusion-associated reactions; LVM, left ventricular mass; rhGAA, recombinant human acid α-glucosidase
documented symptoms of infantile-onset Pompe disease and been <7 mo old
at entry. Patients with respiratory insufficiency, heart failure, or any
prior replacement therapy with GAA were excluded. A closely matched
untreated historical control group of 61 infants who had infantile-onset Pompe
disease was used as a comparator population (12).

Parents or guardians gave written informed consent for patients’ partici-
pation and consent could be withdrawn at any time. Local Institutional
Review Boards or Independent Ethics Committees approved protocols and
consent forms at each of the primary and extension study sites.

Alglucosidase alfa was supplied by Genzyme Corporation (Cambridge, MA).
Eligible patients were randomized in a 1:1 ratio to receive i.v. infusions of
alglucosidase alfa at either 20 or 40 mg/kg every other week (12). Fifty-two
weeks after the last patient was randomized to treatment, patients were eligible to
participate in an extension study, where they continued to receive alglucosidase
alfa at the same dose to which they were originally assigned. Patients were treated
in 52-wk modules until the study was terminated June 15, 2006, shortly after
Myozyme was approved for commercial use. Because patients were enrolled over
a period of 1 y and survived to different ages, the duration of data collection varied
among patients, ranging from 60 to 150 wk.

Clinical assessments of safety. Safety data were analyzed for the duration of
treatment. Patients were observed and vital signs were monitored during each
infusion and for 2 h afterward. Safety assessments included evaluating blood and urine chemistry, vital signs, 12-lead electrocardiograms, and the
incidence and nature of adverse events, including infusion-associated reac-
tions (IARs). The development of anti-rhGAA IgG antibodies was assessed in
serum samples taken before each infusion every 4 wk from baseline through
week 24 and subsequently at 12-wk intervals, as described previously (11).

Clinical assessments of efficacy. Survival and ventilator use (invasive and
noninvasive) were analyzed at ages 24 and 36 mo; all other efficacy data were
analyzed with respect to changes from baseline to the final assessment. Left
ventricular mass (LVM) and other cardiac parameters were evaluated by
echocardiogram at 12-wk intervals. Echocardiograms were centrally read by
a pediatric cardiologist who was blinded to dose, patient, and time point.
Motor development was centrally evaluated using the Alberta Infant Motor
Scale (AIMS) (13) until patients reached the maximum total AIMS score to
allow for continuous monitoring on this scale.

Anti-rhGAA antibody and inhibitory antibody testing. The presence of
anti-rhGAA and enzyme-linked immunosorbent assays and confirmed using radioimmunoprecipitation, as described previ-
ously (11). Serum samples from seropositive patients were retrospectively ana-
lized for inhibition of rhGAA enzymatic activity and uptake in vitro (14).

Statistical methods. The Kaplan-Meier method was used to calculate the
proportion of patients with an event (i.e., death or ventilator use) (15). The Cox
regression analysis was used to compare the risk of an event (i.e., death or
ventilator use) in alglucosidase alfa-treated patients to the untreated historical
cardiovascular group (16). Statistical analyses were performed using the SAS statis-
tical software system (version 8).

Eighteen infants participated in the initial open-label trial (12). As shown
in Figure 1, 16 surviving patients enrolled in the extension study. One patient,
a male in the 20 mg/kg dose group, died at the age of 19.8 mo, after receiving
alglucosidase alfa for 61 wk, but before the extension study began. A female
patient in the 40 mg/kg dose group completed the initial open-label study, but
did not enroll in the extension study after becoming ventilated; the patient
continued therapy in an international Expanded Access Program until her
death at age 32 mo. Although these two patients did not enroll in the extension
study, available data from baseline to their last assessment are included in
these analyses, for completeness.

RESULTS

The duration of alglucosidase alfa treatment ranged from
1.1 to 3.0 y, with a median duration of treatment of 2.3 y. All
18 patients who participated in the initial open-label study
survived to the age of 18 mo (12). As shown in Figure 1, five
of the 18 patients died before the end of the extension study.
Patient C discontinued from the initial study but was receiving
alglucosidase alfa through an international Expanded Access
Program at the time of death. Patient D died during the initial
study, and patients A and Q died during the extension study.
Patient L withdrew from the extension study after a decline
in clinical status, at the request of family. The survival
analyses do not include the death of a sixth patient, patient
P, who was reported to have died —1 y after completing the
extension study.

Survival status for individual patients is shown in Table 1. Seventeen
of the 18 patients reached the age of 24 mo, for a survival rate of 94.4% (95% CI: 83.9 to 100). The survival rate at
age 36 mo was 72% (95% CI: 47.9 to 96.0), including seven
of the 18 patients who reached age 36 mo by the end of the
study. Four patients died before age 36 mo, including patient
D at 19.8 mo, patient C at 31.9 mo, patient L at 34.3 mo, and
patient Q at 30.1 mo. The other seven patients were right-
censored from this analysis because they had not reached
age 36 mo by the end of the study, although they were alive
at that time, at ages ranging from 27.1 to 35.7 mo. In contrast,
only one of 61 patients in the untreated historical control
program survived to the ages of 24 and 36 mo (1.9%; 95%
CI: 0 to 5.5). Survival rate by age estimated by the
Kaplan-Meier method is shown in Figure 2A.

Ventilation status for individual patients at the end of the study
or at the time of their death is shown in Table 1. Three of the 18
patients (patients A, P, and R) required invasive ventilator sup-
port at age 18 mo (12). Six of the 18 patients (the three noted
above plus patients C, E, and L) required invasive ventilator
support at age 24 mo or at the time of death. A total of nine
patients (the six noted above plus patients D, M, and Q)
required invasive ventilator support at age 36 mo, at the time
of death, or at the end of the study. The age at which patients
became dependent on invasive ventilator support ranged from
9.1 to 29.6 mo. Overall, 12 patients remained free of invasive
ventilation at the age of 24 mo, and nine patients remained
free of invasive ventilation at age 36 mo, including four
patients who were right-censored from this analysis because
they had not reached age 36 mo by the end of the study,
though they remained free of invasive ventilatory support at
that time. The Kaplan-Meier invasive ventilation-free survival
rate (the primary efficacy endpoint) was 66.7% (95% CI: 44.9 to
88.4) at age 24 mo and 49.4% (95% CI: 26.0 to 72.8) at age
36 mo. This is far greater than the overall survival rate of
untreated patients (with or without ventilation), as shown in
Figure 2B.

The proportion of patients who were alive and free of any
ventilator support (invasive or noninvasive) was evaluated as

Figure 1. Disposition of patients in 20 mg/kg qow and 40 mg/kg qow groups.
a secondary endpoint. No additional patients required non-invasive ventilatory support at the ages of 24 or 36 mo or at the time of death. Thus, the Kaplan-Meier ventilation-free survival rate was the same as the invasive ventilation-free survival rate: 66.7% (95% CI: 44.9 to 88.4) at age 24 mo and 49.4% (95% CI: 26.0 to 72.8) at age 36 mo; again, this is much higher than the overall survival rate of untreated patients (with or without ventilation), as shown in Figure 2C.

Cox regression analyses demonstrated that alglucosidase alfa reduced the risk of death by 95% (hazard ratio of 0.05, 95% CI: 0.02 to 0.14); the risk of invasive ventilation or death by 91% (hazard ratio of 0.09, 95% CI: 0.04 to 0.22); and the risk of any type of ventilation or death by 87% (hazard ratio of 0.13, 95% CI: 0.06 to 0.29). No difference in the effects of alglucosidase alfa on survival or ventilator-free survival was observed between the two dose groups.

Cardiomyopathy was defined as an LVM value >2 SD from the normal mean. Mean LVM Z-scores progressively decreased from 7.1 to 3.3 during the first 52 wk of alglucosidase alfa treatment (12). During the extension study, mean LVM Z-scores continued to gradually decrease. At the end of the extension study, mean LVM Z-scores remained stable at slightly above the upper limit of the normal range (2.0), as shown in Figure 3. LVM Z-scores for individual patients are shown in Table 2. Among individual patients, seven had LVM Z-scores within the normal range at the time of the final assessment (patients B, G, H, I, J, N, and O) and all but one of the patients (patient L) showed reductions in LVM of at least 1 Z-score from the first assessment to the time of the final assessment (Table 2). Patient L had exhibited more robust improvement at 52 wk (12) but worsening cardiomyopathy thereafter. This patient eventually withdrew from the study.
This study includes the largest number of patients and represents one of the longest trials of rhGAA enzyme replacement therapy to date for the most rapidly progressing form of infantile-onset Pompe disease. In the absence of treatment, the life expectancy of children with classical infantile-onset Pompe disease is usually less than 1 y, with death typically caused by cardiac and/or respiratory failure (1,5,6). A report based on the first 52 wk of treatment in this cohort demonstrated that alglucosidase alfa treatment significantly improved survival, respiratory function, cardiomyopathy, and, in a subset of patients, motor function, up to the age of 18 mo (12). This report describes the status of these patients through up to 3 y of alglucosidase alfa treatment. Seventeen of the 18 patients who were walking at study week 52 (12), became dependent on invasive ventilation at age 24 mo (study week 75) and lost the ability to walk. Patients L and M had each gained standing skills by week 52 (12), which were subsequently lost. No difference in motor function was observed between patients in the two dose groups.

Eleven of the 18 patients experienced 224 IARs, defined as any treatment-related AE that occurred during an infusion or within 2 h after the infusion. All IARs were mild or moderate in intensity; none were severe. The most common IARs were urticaria (47 events), fever (27 events), and decreased oxygen saturation (24 events). IARs were typically managed by slowing or interrupting infusions and all 11 patients who experienced IARs recovered without sequelae.

Overall, more IARs were reported for patients in the 40 mg/kg dose group. Five patients in the 20 mg/kg dose group experienced 47 events (21% of all IARs) and six patients in the 40 mg/kg dose group experienced 177 events (79% of all IARs). Most of these events (65%) were experienced by two patients, both in the 40 mg/kg dose group: Patient C (43 events) and Patient Q (102 events), as shown in Table 3. These patients experienced recurrent episodes of urticaria, flushing, fever, agitation, rash, tachypnoea, cough, and vomiting at multiple infusions. The events were managed by slowing the infusion rate of alglucosidase alfa or temporarily stopping the infusions and administering antihistamines, antipyretics, and/or corticosteroids. As shown in Table 3, both of these patients also exhibited sustained high anti-rhGAA IgG titer levels.

Four of the 18 patients (patients C, L, P, and R) did not exhibit any detectable endogenous full-length or partial GAA protein product, designated as cross-reacting immunologic material (CRIM) (12). Serum samples from three of the four CRIM-negative patients (patients C, L, and P) exhibited in vitro inhibitory antibody activity, as determined by analysis of enzyme activity or rhGAA uptake assays. Overall, patients in the 40 mg/kg dose group tended to have higher anti-rhGAA IgG titers (Table 3). However, because of the small number of CRIM-negative patients in this study and the fact that three of the four CRIM-negative patients (patients C, L, and P) were randomized to the 40 mg/kg dose group, statistical analyses regarding the relationship among dose, immune response, and IARs were not feasible.

**DISCUSSION**

After progression to invasive ventilation. No difference in the effects of alglucosidase alfa on cardiomyopathy was observed between the two dose groups.

As shown in Table 1, seven of the 18 patients (patients B, F, G, H, I, N, and O) gained motor skills and were walking by the time of their final AIMS assessment. An additional four patients (patients J, K, M, and Q) gained motor skills and were sitting independently at that time. The remaining seven patients (patients A, C, D, E, L, P, and R) made minimal motor gains, or they were unable to achieve sustained motor gains and had very limited gross motor skills. Each of these seven patients had become dependent on invasive ventilation at the end of the extension study or at the time of their deaths. All but one of the seven patients who had learned to walk by study week 52 (12) retained this skill by the end of the study. Patient C, who was walking at study week 52 (12), became dependent

**Table 2. Effect of alglucosidase alfa treatment on left ventricular mass in individual patients**

<table>
<thead>
<tr>
<th>Patient</th>
<th>Dose</th>
<th>Z-score at baseline</th>
<th>Z-score at final assessment</th>
<th>Change in LVM Z-score</th>
<th>Study week of final LVM assessment</th>
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<td>A</td>
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<td>8.39</td>
<td>2.06</td>
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</tr>
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<td>B</td>
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<td>1.93</td>
<td>−1.10</td>
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</tr>
<tr>
<td>C†</td>
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<td>7.04‡</td>
<td>2.94</td>
<td>−4.10</td>
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</tr>
<tr>
<td>D‡</td>
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<td>9.27</td>
<td>4.36</td>
<td>−4.91</td>
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<td>2.52</td>
<td>−4.21</td>
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</tr>
<tr>
<td>F</td>
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<td>8.99</td>
<td>2.25</td>
<td>−6.74</td>
<td>Week 130</td>
</tr>
<tr>
<td>G</td>
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<td>1.81</td>
<td>−6.19</td>
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<td>H</td>
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<td>−5.84</td>
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<td>K</td>
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<td>7.77</td>
<td>2.19</td>
<td>−5.58</td>
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<td>L</td>
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<td>−0.66</td>
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</tr>
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<td>2.91</td>
<td>−3.42</td>
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</tr>
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<td>40</td>
<td>2.62</td>
<td>1.09</td>
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</tr>
<tr>
<td>O</td>
<td>20</td>
<td>5.43</td>
<td>0.76</td>
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<td>P</td>
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<td>4.57</td>
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<td>8.23</td>
<td>7.02</td>
<td>−1.21</td>
<td>Week 104</td>
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Shaded rows indicate patients who had died prior to database lock (November 30, 2006), as shown in Table 1. LVM Z-score values in bold are within normal limits (LVM values within 2 SD from the normal mean). *Z-score values in bold are within normal limits (LVM values within 2 SD from the normal mean (i.e. Z-score −2 to +2)).

* Baseline LVM values were unavailable for Patients B, C, and Q. For these patients, the first available LVM values are shown (from study week 4 or week 8).
† Patients C and D did not enroll in the extension study (see Table 1).
patients survived to age 24 mo, whereas only one of 61 untreated patients in the historical control group survived to this age. Over the course of the study, alglucosidase alfa treatment markedly improved overall survival, as well as ventilator-free and invasive ventilator-free survival. Cox regression analyses demonstrated that alglucosidase alfa reduced the risk of death by 95%, the risk of invasive ventilation or death by 91%, and the risk of any type of ventilation or death by 87%. These were conservative comparisons, as patients’ ventilator-free survival (invasive or any ventilation) was compared with the overall survival (without regard to ventilation status) in the historical untreated cohort.

Deficiency of GAA leads to extensive accumulation of glycogen in cardiac muscle. Untreated patients exhibit cardiomyopathy and frequently succumb to cardiorespiratory failure (1,5,6). In contrast, 17 of the 18 treated patients in this study exhibited substantial reductions in LVM from baseline to the time of their deaths, suggesting that disease progression affects both respiratory and skeletal muscle function. Interestingly, each of the seven patients who had LVM Z-scores within the normal range at the time of the final assessment also exhibited sustained gains in gross motor function over the course of the study; four were walking and three had learned to sit independently.

No differences were observed between the two dose groups in terms of the effects of long-term alglucosidase alfa treatment on the proportion of patients with prolonged survival, ventilation-free survival, or degree of improvement in cardiomyopathy or motor function.

Therapeutic recombinant proteins frequently induce an immune response, the extent of which varies between individuals. Patients in the 40 mg/kg dose group tended to develop higher anti-rhGAA IgG titers than patients in the 20 mg/kg dose group. However, three of the four CRIM-negative patients, all of whom exhibited high anti-rhGAA IgG titers, were randomized to the 40 mg/kg dose group. Given the small number of patients in this study and the various confounding factors involved, it is not clear whether a higher dose is more immunogenic. However, this and previous published reports contribute to a growing body of evidence suggesting that

### Table 3. Summary of immunological characteristics and infusion-associated reactions

<table>
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<tr>
<th>Patient ID</th>
<th>Dose group</th>
<th>Number of infusions received</th>
<th>Maximum anti-rhGAA IgG titer level reported</th>
<th>Anti-rhGAA IgG titer level at final study visit</th>
<th>Number of IARs</th>
<th>CRIM status</th>
<th>Inhibitory antibody activity &gt;20% in serum</th>
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<td>A</td>
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<td>76</td>
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<td>12,800</td>
<td>200</td>
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<td>41</td>
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<td>6,400</td>
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<tr>
<td>R</td>
<td>20</td>
<td>53</td>
<td>102,400</td>
<td>25,600+</td>
<td>22</td>
<td>–</td>
<td>No</td>
</tr>
</tbody>
</table>

N/A, not applicable; Patients K and N remained seronegative at all assessments. Note that the number of IARs represents individual AEs and may include the same term multiple times. Patients C and Q experienced recurrent IARs at multiple infusions. Shaded rows indicate patients who had died prior to database lock (November 30, 2006), as shown in Table 1.

* Patients C and D did not enroll in the extension study (see Table 1).
† No IgG titer level was available for Patient R at the final study visit; the value shown reflects titer levels measured at week 38.
CRIM-negative patients, who produce little or no endogenous GAA, develop a stronger immunologic response against alglucosidase alfa than CRIM-positive patients, who produce some form of endogenous GAA protein (7,11,12,17,18). Three of the four CRIM-negative patients also exhibited in vitro inhibitory antibody activity, which could impact the long-term efficacy of alglucosidase alfa. Indeed, each of these three patients showed signs of clinical decline during treatment, became dependent on invasive ventilation, and eventually died; patient C died at age 31.9 mo, patient L died at 34.3 mo, and patient P died after completing the study, at age 44.4 mo. Thus, there is a relationship among CRIM status, high antibody titers, inhibitory antibody activity, and long-term clinical outcome in Pompe disease.

In various clinical trials and expanded access programs, ~14% of patients treated with alglucosidase alfa (38 of 280 patients) developed allergic reactions involving at least two of the following three body systems: cutaneous, respiratory, or cardiovascular (19). The two patients who experienced the highest number of IARs in this study (patients C and Q) also exhibited signs and/or symptoms suggestive of allergic reactions. Patient C, who was CRIM-negative, experienced urticaria, cough, and serious rales, and patient Q, who was CRIM-positive, experienced recurrent events of hypotension, rash, cough, and urticaria on multiple occasions. Both the patients were receiving the 40 mg/kg dose of alglucosidase alfa and both the patients had high antibody titers. It is possible that some IARs experienced by these two patients could be IgG-mediated reactions and may have occurred due to development of IgG antibodies that bind to complement and release specific mediators from complement activation. IARs were generally dose-related or infusion rate-related. Each patient tested negative for IgE and positive for complement on multiple occasions, with serum tryptase levels that were slightly elevated (patient C) or within the normal range (patient Q) (data not shown). Further studies of more patients with long-term data will be necessary to delineate possible relationships among dose, CRIM status, antibody titers, and IARs.

Taken together, these findings show that the beneficial effects of alglucosidase alfa in children with infantile-onset Pompe disease are sustained after prolonged treatment. All 18 patients who enrolled in the initial study survived significantly longer and with fewer ventilation events than untreated historical control patients and improvements in cardiomyopathy were generally sustained over the course of the extension study. However, morbidity and mortality remain substantial, with a 28% mortality rate and a 51% invasive ventilation rate at age 36 mo. The effect of treatment on gross motor function was somewhat variable. Eleven patients exhibited clinically meaningful gains and seven patients either did not acquire or did not sustain substantial gains in motor function. Various factors, including invasive ventilation, CRIM status, and patients’ immunologic response to alglucosidase alfa, may have contributed to the poorer motor skills exhibited by these children. Interestingly, each of the seven patients who were walking at the end of the study exhibited little or no cardiomyopathy and relatively low IgG antibody titers at the final visit.

Increasing evidence suggests that CRIM-negative patients are at considerable risk of developing a high, sustained immunologic response that may reduce the clinical benefit of alglucosidase alfa and worsen the long-term outcome in this subpopulation of patients (11,12,18). However, the favorable risk-to-benefit ratio suggests that infants with rapidly progressive Pompe disease should be treated with alglucosidase alfa. Immune modulation strategies to control the development of antibodies during long-term administration of alglucosidase alfa could be a viable option in high risk, CRIM-negative patients (18,20).

The young ages at which these patients began receiving alglucosidase alfa and the onset of therapy at early stages of disease progression (i.e. before ventilation or cardiac failure) may have contributed to the robust improvements in survival, cardiac, and motor function observed. Findings from this and other published reports with shorter follow-up periods demonstrate that alglucosidase alfa is an effective treatment for most patients with infantile-onset Pompe disease. However, although this treatment provides dramatic improvement, it is clearly not a cure; further investigation into the profound individual variability in response to treatment is needed.

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REFERENCES


